

	Year 3	Year 4
Term 2	Module 1 Created and Loved by God Unit 1: Religious Understanding Lesson 1: (5 x short sessions) Get Up! Lesson 2: The Sacraments Unit 2: Me, My Body, My Health Lesson 3: We don't have to be the same Lesson 4: Respecting our bodies	Module 1 Created and Loved by God Unit 1: Religious Understanding Lesson 1: (5 x short sessions) Get Up! Lesson 2: The Sacraments Unit 2: Me, My Body, My Health Lesson 3: We don't have to be the same Lesson 4: Respecting our bodies
Term 3	Unit 3 Emotional Well-Being Lesson 1: What am I feeling? (discussion around emotions not hormones) Lesson 2: What am I looking at? Lesson 3: I am thankful!	Unit 2: Me, My Body, My Health Lesson 1: What is puberty? Lesson 2: Changing bodies NB for this unit, we will not be using TenTen video and PowerPoint resources but following this scheme of learning. Unit 3 Emotional Well-Being Lesson 3: What am I feeling? (discussion around hormones) Lesson 4: What am I looking at?
Term 4	Module Two: Created to Love Others Unit 1: Religious Understanding Story Session – Jesus, my friend Unit 2: Personal Relationships Lesson 1: Friends, family and others Lesson 2: When things feel bad (bullying)	Unit 3 Emotional Well-Being Lesson 1: I am thankful! Unit 4: Life Cycles Lesson 2: Life cycles – conception to birth Module Two: Created to Love Others Unit 1: Religious Understanding Story Session – Jesus, my friend Unit 2: Personal Relationships Lesson 1: Friends, family and others Lesson 2: When things feel bad (bullying)
Term 5	Unit 3: Keeping Safe Lesson 1: Sharing online (e-safety) Lesson 2: Chatting online (e-safety) Lesson 3: Safe in my body (types of abuse) – link with Childline resources Lesson 4: Drugs, alcohol and tobacco Lesson 5: First Aid heroes	Unit 3: Keeping Safe Lesson 1: Sharing online (e-safety) Lesson 2: Chatting online (e-safety) Lesson 3: Safe in my body (types of abuse) – link with Childline resources Lesson 4: Drugs, alcohol and tobacco Lesson 5: First Aid heroes
Term 6	Module Three: Created to Live in Community Unit 1: Religious Understanding Lesson 1: A community of love (The Trinity) Lesson 2: What is the church? – link to CST Unit 2: Living in the Wider World Lesson 1: How do I love others? – link to CST	Module Three: Created to Live in Community Unit 1: Religious Understanding Lesson 1: A community of love (The Trinity) Lesson 2: What is the church? – link to CST Unit 2: Living in the Wider World Lesson 1: How do I love others? – link to CST