

Early Years Foundation Stage RSE Overview

Module 1: Created and Loved by God		
Autumn Term 2	Unit 1 Religious Understanding	
	Story Sessions: Handmade with Love	Children will be told the story of creation. This session aims to provide children at the outset of the programme with the language and understanding of the fundamental principle that we were created by God out of love and for love.
	Unit 2: Me, my body, my health	
	Session 1: I Am Me	This session helps children learn that they are uniquely created by God and special because they are made and loved by Him. As children explore in more detail their uniqueness and what that means in real terms, this session aims to celebrate difference as well as individual gifts, talents and abilities.
	Session 2: Heads, Shoulders, Knees and Toes	This session helps children realise how wonderful their unique, God-given bodies are. The session also briefly discusses, in an age-appropriate way, that privates are private.
Spring Term 1	Session 3: Ready Teddy?	This session aims to help children understand healthy lifestyle decisions, including about exercise, diet, sleep and personal hygiene.
	Unit 3: Emotional well-being	
	Session 1: I Like, You Like, We all Like!	This session builds on themes of similarities and differences from Unit 2 by helping children consider what likes and dislikes they have in common.
	Session 2: Good Feelings, Bad Feelings	This session will help children to understand how they are feeling; what feelings can look like and why they might be feeling them. They will also work on empathy and understanding of others, and how to help.
	Session 3: Let's Get Real	Children will explore the idea of consequences; that when we make mistakes, we should say sorry and ask for forgiveness. This will lead into a basic exploration of Jesus' forgiveness for us.
	Unit 4: Life Cycles	
	Session 1: Growing Up	This session helps children explore the natural human cycle of life, focusing on what children can remember about their development so far and what they know will happen as they get older. This is underpinned by the religious understanding that growing up is part of God's plan for our lives, and that we are loved by Him at every life stage.
Module 2: Created to Love Others		
Spring Term 2	Unit 1 Religious Understanding	
	Session 1 Role Model	(2x15 Minute sessions) The first session helps children to understand why the Bible is so special to Christians and the second helps children to act out the Gospel account of Jesus washing His disciples' feet, showing that He loves us and is a role model for us to copy in loving one another.
	Unit 2: Personal Relationships	
	Session 1: Who's Who?	This session helps children learn and apply names to different family relationships, as well as discussing 'special people' who they can trust.
	Session 2: You've Got a Friend in Me	This session discusses friendships with peers and the different qualities of a positive/negative relationships. Children will expand their vocabulary around this topic and learn to look to Jesus as a role model for being a good friend.
Summer Term 1	Session 3: Forever Friends	This session helps children consider how to resolve conflict in friendships through saying sorry and asking for/receiving forgiveness.
	Unit 3: Keeping Safe	
	Session 1: Safe Inside and Out	In this session, children will explore different ways they can stay safe outside, inside and inside themselves too. All this is underpinned by the religious teaching that we are created and loved by God, with bodies and minds that He wants us to keep safe.
	Session 2: My Body, My Rules	This session introduces children to the idea of bodily privacy (including the NSPCC PANTS message that 'privates are privates') and the importance of talking to their 'special people' if anything troubles them. This is all underpinned by the religious teaching that we are created and loved by God, with bodies and minds that He wants us to keep safe.
	Session 3: Feeling Poorly	In this session, pupils will be introduced to the idea of medicines and learn how to be safe around them. Children will draw on their own experiences of feeling poorly. This session is underpinned with the religious teaching that our bodies are a gift from God which we should take care of.
	Session 4 People Who Help Us	This session enables pupils to identify those who help us in an emergency, including police, firefighters and paramedics. Children will learn what an emergency is and discuss which emergency service they might need in specific scenarios. Children will also discuss the principle of emergency and non-emergency First Aid. This teaching is underpinned by the religious understanding that we are created to love God and love others, and we should therefore look out and care for one another and the bodies we have been given.
Module 3: Created to Live in Community		
Summer Term 2	Unit 1: Religious Understanding	
	Session 1: God is Love	This session introduces in a very simple way the concept of the Trinity, where God is three-in-one and each part loves the others and loves us. Children will come to understand that as we are made in the image of God, we are designed to love God and love one another too.
	Session 2: Loving God, Loving Others	Building on the previous session, where children learned that we are made to love others just like God love us, this session helps children consider their wider communities. Through the story of Jesus feeding the 5000 with just the humble offering of a small boy, children will learn that our loving actions can be used by God to do incredible things.
	Session 3: Me, You, Us	Extending their understanding of communities from Unit 1, this session helps children to understand the responsibilities they have to people, places and the planet now and increasingly as they get older.